



CITIMED®

JOHN P. WILKERSON, M.D.

Board Certified Orthopaedic Surgeon

888-810-2455

152 NE 167th Street, Ste 100 Miami, FL 33162

ABOUT

John Wilkerson, M.D., joined CITIMED in 2014 and leads our orthopaedic surgical division. He provides diagnostic and therapeutic services appropriate to managing orthopaedic conditions, including musculoskeletal trauma. Many treatment options are available for bone, muscle, and joint injuries, including stem cell therapy, PRP injections, rehabilitation, arthroscopic surgery, and minimally invasive surgery.



Specialty

Orthopaedic Surgery and Sports Medicine



Medical Degrees

MD



Areas of Expertise

ACL Reconstruction, Arthroscopy, Knee Replacement Arthroplasty, Hip Replacement Arthroplasty, Rotator Cuff Problems, Sports Medicine, and more

MEDICAL EDUCATION

MEDICAL SCHOOL

- Medical College of Virginia, Virginia Commonwealth University

RESIDENCY

- Orthopaedic Surgery at the Medical College of Virginia, Virginia Commonwealth University

FELLOWSHIP

- Orthopaedic Research Fellowship at the Departments of Orthopaedic Surgery and Biomechanics
Sports Medicine Fellowship at the UHZ sports Medicine Institute, The University of Miami

BIOGRAPHY

Dr. Wilkerson graduated from medical school and then completed his general surgery internship, orthopaedic surgical residency, and an additional fellowship in orthopaedic surgery and biomechanics at the VCU School of Medicine—Virginia Commonwealth University. He then accomplished another fellowship in Sports Medicine at the University of Miami.

He is an active fellow of the American Academy of Orthopaedic Surgeons and the American Board of Orthopaedic Surgery. Dr. Wilkerson worked closely with the 2001 National Champion University of Miami Hurricanes football team, serving as assistant Team Physician. Also, during this year of additional surgical training in sports medicine and arthroscopic surgery, he completed clinical research in arthroscopic shoulder surgery.

Furthermore, he has completed several research projects in orthopaedic surgery and biomechanics, and multiple national peer-reviewed medical journals published his study.

Dr. Wilkerson is licensed to practice medicine in Florida and Virginia. He specializes in shoulder, elbow, wrist, hip, knee, and ankle injuries and is board certified by the American Board of Orthopaedic Surgery.

WORK EXPERIENCE

Orthopaedics & Rehabilitation Excellence of Miami

6705 Red Road, Suite 418
Coral Gables, Florida 33143

June 2009 - Present

Ocean Blue Physical Therapy & Human Performance Center

6705 Red Road, Suite 418
Coral Gables, Florida 33143

June 2009 - Present

CITIMED Group

152 NE 167th Street, Suite 100
North Miami Beach, Florida 33162

January 2014 - Present

Center for Orthopaedics & Rehabilitation Excellence

11801 SW 90th Street, Suite 203
Miami, Florida 33186

August 2004 - June 2009

Miami Orthopaedics & Sports Medicine Specialists

7867 North Kendall Drive, Suite 10
Miami, Florida 33156

June 2003 - August 2004

Advanced Orthopedics & Sports Medicine

2401 First Boulevard, Suite 7
Ft. Pierce, FL 34950

August 2002 - June 2003

POSTGRADUATE TRAINING

University of Miami

Sports Medicine Fellowship

UHZ Sports Medicine Institute
Coral Gables, FL

August 2001 - July 2002

Medical College of Virginia-Virginia Commonwealth University

Orthopaedic Research Fellowship

Departments of Orthopaedic Surgery and Biomechanics

July 1996 - June 1997

Medical College of Virginia-Virginia Commonwealth University

Internship

Department of General Surgery

July 1995 - June 1996

Medical College of Virginia-Virginia Commonwealth University

Orthopaedic Residency

Department of Orthopaedic Surgery

July 1997 - June 2001

EDUCATION

Medical College of Virginia-Virginia Commonwealth University
Richmond, Virginia
M.D.

August 1991 - May 1995

Longwood College
Farmville, Virginia
B.S. in Biology

August 1987 - May 1991

ATHLETIC TEAM PHYSICIAN EXPERIENCE

Orthopaedic Resident Assistant Team Physician
Virginia Union University

1999 - 2001

Orthopaedic Resident Assistant Team Physician
Virginia Commonwealth University

1991 - 2001

Assistant Team Physician all NCAA Division | Athletics
University of Miami

2001 - 2002

Team Physician for Dillard High School
North Broward County Sports Medicine

2003 - 2004

Team Physician
Florida Christian High School

2004 - 2014

Sports Medicine Consultant
Florida International University

2004 - 2014

HONORS/AWARDS

Medical College of Virginia-Virginia Commonwealth University
- Class Officer: Treasurer 1993-1994
- Student National Medical Association

Medical College of Virginia Representative 1991-1994
- Treasurer 1992-1993

Longwood College
- Ridgeway Hull Premedical Scholarship 1988-1991
- Beta Beta Beta Biology Honor Society: Vice President 1990-1991
- National Minority Leaders Fellow 1990
- Judicial Board 1989-1991

HOSPITAL AFFILIATIONS

Doctors Hospital
South Miami Hospital
Baptist Hospital
Coral Gables Hospital

LICENSES/CERTIFICATIONS

American Board of Orthopaedic Surgery
American Academy of Orthopaedic Surgery
Florida Medical License #ME 82518
Commonwealth of Virginia Medical License #0101059067
DEA Controlled Substance Registration Certificate
ACLS Provider Certificate
Florida Workers Compensation Certificate

RESEARCH/PRESENTATIONS

Failure of Polymerized Lactic Acid Tacks in Shoulder Surgery

University of Miami – UHZ Sports Medicine Institute, Miami, FL
Published Journal of Shoulder and Elbow Surgery, March/April 2004

Effect of Tibial Tunnel Widening After ACL Reconstruction: Clinical and Radiographic Outcome

Medical College of Virginia-Virginia Commonwealth University, Richmond, VA
Presented at Medical College of Virginia Orthopedic Surgery Residents Day Conference, Richmond, VA, 2000

The Gross and Histologic Appearance of Neocartilage Reintroduced to Normal Joint Stresses after Protection in a Load Bearing Joint

Veterans Affairs Medical Center, Richmond, VA
Presented at Medical College of Virginia Orthopedic Surgery Residents Day Conference, Richmond, VA, 1999

Biomechanical Effects of Intra-Articular Distal Radius Fracture Displacement on Radiocarpal Joint Pressure and Contact Area

Medical College of Virginia-Virginia Commonwealth University, Richmond, VA
Presented at Medical College of Virginia Orthopedic Surgery Residents Day Conference, Richmond, VA, 1998

In Vivo Strain Measurements of ACL Patella Tendon Autograft in a Porcine Model

Medical College of Virginia-Virginia Commonwealth University, Richmond, VA
Presented at Medical College of Virginia Orthopedic Surgery Residents Day Conference, Richmond, VA, 1997

Biomechanical Effects of a Medial Displacement Calcaneal Osteotomy for Treatment of Acquired Pes Planus Secondary to Tibialis Posterior Tendon Insufficiency

Medical College of Virginia-Virginia Commonwealth University, Richmond, VA
Presented at Medical College of Virginia Orthopedic Surgery Residents Day Conference
Richmond, VA, 1999
Presented at Southern Medical Association Conference: Southern Orthopedic Association, Charlotte, NC, 1997

Adhesive Capsulitis of the Shoulder in Male Cardiac Surgery Patients

Veterans Affairs Medical Center, Richmond, VA
Presented at Medical College of Virginia Orthopedic Surgery Residents Day Conference
Richmond, VA, 1995, Published in the journal Orthopedics, July 2000